



Cheryl A. Spakauskas

Paralegal

📞 Direct: 508.860.1418

✉ cspakauskas@miricklaw.com

Overview

Cheryl is an experienced paralegal and valued member of the Labor, Employment and Employee Benefits Team. She works closely with the attorneys in the firm's Labor and Employment law group in the representation of school districts, municipalities and other public entities as well as private employers in labor and employment law. She assists attorneys in collective bargaining negotiations, labor arbitrations, and various Civil Service Commission, Department of Labor Relations and National Labor Relations Board matters. She also has significant experience in preparing Affirmative Action Plans for employers with federal contracts.

Cheryl works closely with the attorneys in the firm's Labor and Employment law group in the representation of public school districts, municipalities and other public entities as well as private employers in labor and employment law.

She assists attorneys in collective bargaining negotiations, labor arbitrations, and various Civil Service Commission, Department of Labor Relations and National Labor Relations Board matters. She also has significant experience in preparing Affirmative Action Plans for employers with federal contracts.

Affiliations

- Worcester County Bar Association Utilization of Paralegals Committee, former chair

Debra Ostrander

Legal Support Specialist

📞 508.768.0743

✉ dostrander@miricklaw.com

Education

University of Massachusetts at Amherst, B.A. in Legal Studies

Related Services

Labor, Employment and
Employee Benefits

Related Industries

Education
Government & Municipalities

- Central Massachusetts Paralegal Association, member and former president and Board member
- Assumption College, Advisory Board for Paralegal, former Board member
- Mount Wachusett Community College, Advisory Board for Paralegals, former Board member

Awards & Recognitions

- *Massachusetts Lawyers Weekly's* "Excellence in the Law" award (2016)